

your Health Matters

A quarterly publication produced as a community service of South County Hospital Healthcare System

CONTENTS

Message from the President2

Welcome, Dr. Weisbord, to the Cardiology Team2

Meet Mary Ann Esposito at Women's Wellness Day.....3

Calendar of Events.....4

Digital Mammography Now Available5

Response Form5

The Circle of Care6

Gift of a Lifetime7

Thanksgiving Tuesday7

Welcome, Dr. Simpson, to South County OB-GYN8



Healthful cooking can be delicious, too! Log on to www.schospital.com to watch chefs prepare tasty dishes. Then print out the recipes to make them at home.

Health eCooking™ is a designated trademark of Baldwin Publishing.



South County Hospital
401 782-8000

VNS Home Health Services
401 782-0500

South County Quality Care
401 789-8443

South County Surgical Supply
401 783-1850

REAL MEN GET SCREENED

Prostate Cancer Screening is Easy and Saves Lives

Ken Lawrence was enjoying retirement. He lived six months a year in Florida and six months near the beautiful beaches of South County. At 66, he had been blessed with a lifetime of good health. He played golf and spent time with family and friends. And he was determined to take care of himself. Both Ken and his wife Linda had lost spouses to cancer, a painful experience that they did not want to go through again.

Ken's primary care physician was in Pennsylvania, where he had lived prior to relocating to RI, but he was diligent about having an annual physical when he returned there each winter to visit his children. One of the medical screenings he had at his annual exam was a PSA test, a simple blood test that checks the PSA (prostate specific antigen) level in a man's blood. PSA levels are often used as an indicator of problems in the prostate. Ken was particularly conscientious about prostate cancer screenings since two of his brothers already had prostate cancer and he knew that the PSA test was one way to identify prostate cancer in its earliest stages.

At his visit last winter, Ken's doctor advised him that his PSA levels were elevated and recommended that he see a urologist. Upon returning from Florida this spring, he met with Dr. John Heffernan of Urology Associates, and had a biopsy based on the doctor's review of his PSA results. The diagnosis was a very early stage of prostate cancer; cancer that Ken knew would not have been caught without the PSA test. Dr. Arnold Sarazen, a member of Urology Associates, performed surgery at South County Hospital and Ken was back on the golf course by summer.

"The screening was such an easy, painless thing to do," he said. "There is



South County resident Ken Lawrence says, "I would like to tell every man—just go do it. It could save your life."

just no question it is a good idea. I would like to tell every man—just go do it. It could save your life." Prostate cancer is the second leading cause of cancer death among American men. Caught early, prostate cancer is highly treatable. And screening is the most effective first step toward early detection.

Ken emphasized that he had no symptoms, which is typical of prostate cancer, and that the PSA test was key to discovering his cancer while it was easily treatable. For now, he has his PSA levels checked frequently, but no other follow-up treatment has been necessary.

Prostate cancer screening is quick and easy. For an appointment with a urologist at Urology Associates, call 401 783-1896.

TO YOUR HEALTH: BACK TO SCHOOL, BACK TO ROUTINE...



Louis R. Giancola
President & CEO
South County Hospital
Healthcare System

As summer draws to a close, many of us are preparing for changes—children starting school for the first time; kids heading off to college; and young adults moving out to make their own way in the world. Although the calendar still says ‘summer,’ we feel a change in the air that hints at autumn. Fall in New England is a time to take stock of what needs to be done. If your to-do list includes tending to health issues and making doctor appointments, we can help.

You will find a link to a list of primary care physicians accepting new patients on the homepage of our website, www.schospital.com. For a specialist, use the Find a Doctor link. Or, call our main number at 401 782-8000 and ask for the names and numbers of doctors near you. You will also find a variety of educational and preventative healthcare lectures and classes listed on the website, from childbirth preparation to managing diabetes, and much more.

Preventative healthcare means playing an active role in managing and monitoring your health. Our Outpatient Diagnostic Center can help; if you need an ultrasound, MRI, CT scan, bone density scan, digital mammogram or other imaging exam, call 401 788-1486 to schedule it.

I hope your summer was enjoyable and restorative, and I wish you a productive, healthy fall.

Lou Giancola

SOUTH COUNTY WELCOMES HOME DR. AARON WEISBORD, CARDIOLOGIST

A real native of South County, Aaron Weisbord, M.D., was born at South County Hospital, grew up in South Kingstown and graduated from South Kingstown High School. After leaving the state to pursue educational and professional goals, he is now returning to serve his home town as a physician, joining South County Cardiology Associates on Kenyon Avenue in Wakefield.



Dr. Aaron Weisbord strives to alleviate patients' anxiety about seeing their doctor while educating them about whatever issues they are facing.

One of Dr. Weisbord's strengths as a cardiologist is in developing relationships with patients and educating them about their medical issues. "I'd like to make coming to a cardiologist easier and less anxiety-producing for patients. I want to be able to reassure them but also make sure they fully understand the nature of their problem."

Upon graduation from the University of Pennsylvania with a B.A. in American history, Dr. Weisbord spent three years in Washington D.C. as a legislative aide to Rhode Island Senator Jack Reed, helping to draft legislation on Veterans Affairs and acting as a liaison for Rhode Island students who needed assistance with government agencies. He was motivated to study medicine after his father, a history professor at the University of Rhode Island in Kingston, developed cardiac disease. "It was an honor to work with Senator Reed helping Rhode Islanders with their problems on a daily basis. I realized I could continue to do that as a physician."

After taking post-baccalaureate science classes at URI, Weisbord headed west to attend the UCLA School of Medicine, where he graduated with honors. Returning to New England, Dr. Weisbord completed his internship at Beth Israel Deaconess Medical Center-Harvard Medical School. "While I enjoyed California, I missed the sense of community that you have as a New Englander."

He continued to make his way closer to home when he accepted a fellowship at the Brown University School of Medicine where he excelled as an award-winning teacher. Dr. Weisbord has recently begun seeing patients at his South County-based practice. "I am really pleased to be serving the community where I grew up, caring for and developing relationships with patients and their families," he said. "My ability to achieve my goal of becoming a cardiologist had a lot to do with the top-quality experiences and education I got growing up in South County, and I am eager to give back to the community I've gotten so much from."

Dr. Weisbord lives with his wife and two young children in East Greenwich. His parents still reside in South Kingstown. He enjoys running and watching the Red Sox, but most of all, he enjoys spending time with his family.

Dr. Weisbord joined South County Cardiology Associates in July. He is accepting new patients and can be reached in Wickford at 401 294-5831.

South County Hospital Healthcare System Board of Trustees

OFFICERS

Louis R. Giancola,
President & CEO
Frederick G. Frost, III, Chairman
Susan P. Kermes, Vice Chairman
Russell R. Shippee, Secretary
James F. Stone, Treasurer

Irwin M. Birnbaum, Esq.
Richard A. Black, M.D.*
(President of the Medical Staff)
Kathleen A. Cassin, M.D.
Edward M. Cimilluca
Elizabeth Conklin, M.D.
Nitin S. Damle, M.D.

Laura H. Harris
C. Michael Hazard
Eve T. Keenan, R.N.
Joseph F. Matthews
Maureen W. Moakley, Ph.D.
Henry D. Sharpe III
James L. Smythe, M.D.

The Honorable Ernest C. Torres
Paula A. Viau, Ph.D., R.N.
Claire F. Wilcox

HONORARY TRUSTEES

Doris M. Manganaro
Roland E. Richards
Barbara L. Tate, Ed. D. *Ex-officio

SOUTH COUNTY HOSPITAL HOSTS 2ND ANNUAL WOMEN'S WELLNESS DAY

Please join us... Reconnect with yourself—and your friends! Treat yourself to a day of fun and learning as you enjoy presentations on a wide range of women's health issues, a fabulous cooking demonstration, lunch with your friends, and out-of-the-ordinary shopping at more than 20 specialty 'boutiques.'

On Saturday, October 25, 2008, South County Hospital will host its 2ND annual Women's Wellness Day, at The Village Inn in Narragansett. Our keynote speaker, Mary Ann Esposito, nationally renowned chef, author, and host of the television cooking show, *Ciao Italia*, promises to entertain, enlighten and inspire. Mary Ann's presentation will include a cooking demonstration and a talk about the importance of diet in relation to a healthy life. She will also be autographing her latest cookbook, which will be for sale after her presentation.

In addition to the cooking demonstration and book signing by Mary Ann, the program includes presentations from experts on a wide range of women's health topics including heart health, childbirth, menopause, nutrition, sleeping disorders, diabetes, exercise, skin medicine and *much*



GIAO  **ITALIA**

Meet Mary Ann Esposito, host of *Ciao Italia*, at our Women's Wellness Day on October 25.

more. For a complete listing of programs, visit www.schospital.com and click the link on the homepage.

There will be other workshops to choose from, too, including *Introduction to Yoga*, *What a Life Coach Can Do for You*, *Meditation*, and *Get Savvy About Your Finances*, to name just a few. A variety of free health screenings will also be available.

Beautiful and unique items, including jewelry, women's clothing, handbags, stationery, olive oil, body and bath products, artwork, and much, much more, will be offered for sale by local artisans and businesses.

The 2ND annual Women's Wellness Day promises to be a lot of fun as well as an important educational opportunity for women in our community. All proceeds from this special educational event will benefit Women's Health Services at South County Hospital. For more information, please go to www.schospital.com. To register, mail in the form below, or call 401 788-1647.

REGISTRATION FORM

2nd Annual Women's Wellness Day!

Saturday, October 25, 2008

8:00 a.m. - 3:00 p.m.

The Village Inn, Narragansett

FIRST NAME: _____ LAST NAME: _____

MAILING ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ EMAIL: _____

\$40 – includes lunch. Registration forms must be received by October 10, 2008.

My check is enclosed

Please make checks payable to *South County Hospital Healthcare System* and mail the completed registration form with payment to: **ATTN: Community Relations, South County Hospital, 100 Kenyon Avenue, Wakefield, RI 02879**

Please charge my credit card

CARD NUMBER: _____ VISA MASTERCARD AM EX DISCOVER

EXP. DATE: _____

NAME ON CARD: _____

CPV NUMBER (3-DIGIT # ON BACK): _____

Following the presentation and book signing with Keynote Speaker Mary Ann Esposito, workshops will begin at 10:30 a.m. For a complete listing of program options please visit www.schospital.com.

CALENDAR OF EVENTS

NEW MOM'S CLUB. FREE. Meets every other Tuesday, 10:00 a.m. - 12:00 noon, at the Hospital. Join other new moms and their babies to share insights in a casual, supportive and social group setting. Led by a certified childbirth educator and OB nurse. Whether this is your first baby or your fifth, and no matter where you delivered, you are welcome! Call 792-2229 for more information.

BRIGHT BEGINNINGS CHILDBIRTH PREPARATION PROGRAMS. The *Bright Beginnings* childbirth preparation programs offer a full spectrum of classes from Childbirth Education to Sibling Class to Postpartum Exercise, and *much more*, provided by a highly experienced, dedicated and caring staff. Call 792-2229 for more information.

CHILDBIRTH EDUCATION. Attend a five-week Wednesday-evening series of classes, or an all-day Saturday class. Conducted by a Certified Childbirth Educator. Information on labor, birth options, breathing/relaxation techniques, pain relief options during labor, and much more. Recommended for women in the sixth or seventh month of pregnancy. Spouses or companions welcome. \$85. Pre-registration is required. A Refresher Childbirth Ed Class is also offered. Call 792-2229 for more information.

BREASTFEEDING CLASS. A prenatal class, offered once a month most months throughout the year; Wednesdays, 7:00 - 9:00 p.m. Call 792-2229 or 788-1226 for more information.

PARENTING CLASS. Offered once a month most months throughout the year; Wednesdays, 7:00 - 9:00 p.m. Call 792-2229 for more information.

DADDY BASICS. Offered every other month, Saturday mornings, 10:00 - 11:00 a.m. Call 792-2229 for more information.

SIBLING CLASS. One Saturday a month, 10:30 - 11:30 a.m., ongoing. Ages 3 and up welcome. Call 792-2229 for more information.

BREASTFEEDING SUPPORT GROUP. A postpartum support group, led by a certified lactation consultant, meets two Tuesdays a month all year, 10:00 a.m. - 12:00 noon. Call 792-2229 or 788-1226 for more information.

INFANT & CHILD CPR. Offered 2nd Tuesday of the month, 5:00 - 7:00 p.m. Taught by certified Basic Life Support instructors, this 2-hour evening class is offered once a month all year. Call 792-2229 or 788-1999 for more information.

CPR CLASSES. Offered throughout the year. Courses available for Friends & Family CPR; Healthcare Provider CPR; Heartsaver CPR; and Infant/Child CPR. Call 788-1999 for more information.

LIVING WELL: WEIGHT LOSS, WEIGHT MANAGEMENT. A supervised 12-week exercise program in conjunction with regular consultations with a registered dietitian. Other weight loss/weight management programs are also offered. Call 782-8020 ext. 3484 for more information.

SMOKING CESSATION. One-on-one smoking cessation counseling. Ongoing, offered year round. An eight-week program that combines informative lectures and exercise, with the theme, "Fit to Quit." Includes unlimited use of the Wellness & Fitness Center's gym facilities. Registration is required and there is a fee. A follow-up maintenance program is also available. For more information, call 782-8020, ext. 3484.

EXERCISE PROGRAMS. Our Wellness & Fitness Center—a full-service gym with treadmills, rowing machines, steppers, elliptical trainers, strength training equipment and more—is staffed by trained exercise physiologists who work with you to design an effective exercise program just for you. For more information call 782-8020, ext. 3484.

"LIVING FIT" - SENIOR FITNESS FOCUS. Seniors with BlueCHiP have unlimited use of the Hospital's Cardiopulmonary Wellness & Fitness Center for \$15 per month; call 782-8020 ext. 3484 for more information.

DIABETES EDUCATION CLASS. Six-week sessions meet once a week, offered five times per year, day and evening programs offered. Classes are taught by Certified Diabetes Educators and cover nutrition, medication, blood glucose monitoring, exercise, and much more. To register, call 788-1135.

DIABETES SUPPORT GROUPS. Ongoing, open session; join any time. Support groups led by members of the Hospital's diabetes education team, including registered dietitians, nurses, and clinical exercise physiologists.

- **For adults:** 3rd Tuesday of the month, 7:00 - 8:30 p.m.; call 782-8020 ext. 3366 for more information.
- **For children:** Last Wednesday of the month, 6:30 - 7:45 p.m.; call 782-8020 ext. 3484 for more information.

CANCER SUPPORT GROUP. Meets monthly, first Wednesday of every month at 4:00 p.m, at the Hospital. Open and ongoing, join anytime. Come for fellowship, friendship, comfort, and information. Call 788-1294 for details.

CARDIAC AND PULMONARY REHABILITATION PROGRAMS. Twelve-week, medically supervised cardiac and eight-week pulmonary rehab programs in a state-of-the-art facility. The programs feature exercise physiologists, respiratory therapists, and registered dietitians. There is also a 12-week "Wellness" and "Cardiac Maintenance" follow-up program. For more information, call 782-8020, ext. 3484.

NUTRITION COUNSELING. Nutrition counseling services with a registered dietitian are available for a variety of diet and nutrition issues, including Diabetes and Gestational Diabetes, Overweight and Obesity, Celiac Disease, Crohn's Disease, and others. For more information, please call 782-8020, ext. 3366. To make an appointment, call 788-1135.

PREGNANCY LOSS SUPPORT GROUP. Last Thursday of every month, 7:00 - 8:30 p.m., at the Hospital, join anytime. A support group for those who have experienced miscarriage, fetal demise, or stillbirth, no matter when the loss occurred. Partners, family members, and friends are welcome. Call 789-0661.

DINNER DANCE & AUCTION - THE DUNES CLUB. September 20, 2008. Proceeds benefit patient programs and services. For registration information or sponsorship opportunities, call 788-1610.

WOMEN'S WING OPEN HOUSE & RECEPTION. Tuesday, September 30, 5:00 - 8:00 p.m. See our newly renovated Women's Wing! Meet the doctors and nurses, tour the rooms, enjoy refreshments and free raffles! RSVP at 788-1621.

THE INVITATIONAL GOLF TOURNAMENT - POINT JUDITH COUNTRY CLUB. October 1, 2008. Proceeds benefit Women's Health Services. For registration information or sponsorship opportunities, call 788-1610.

2ND ANNUAL WOMEN'S WELLNESS DAY. The Village Inn, Narragansett, Saturday, October 25, 2008. Keynote speaker: Mary Ann Esposito of *Ciao Italia*. For registration information or sponsorship opportunities, call 788-1647.

FREE LECTURE SERIES. For full information on lectures, visit www.schospital.com or call 788-1173.

- **Bio-Identical Hormone Therapy:** Thursday, November 6, 2008, 6:30 p.m., with Kate Cassin, M.D., North Kingstown Free Library.

DIGITAL MAMMOGRAPHY NOW AVAILABLE AT SOUTH COUNTY HOSPITAL'S WOMEN'S HEALTH CENTER

New Technology is Fast and Can Detect Very Early-Stage Cancers

An annual mammogram is an important part of a woman's preventative health plan. It can identify breast cancer at its earliest stages, when it's most successfully treated.

South County Hospital is pleased to announce the addition of digital mammography, a technology that provides highly detailed images, which are viewed on high-resolution monitors. Film is not used, making the exam faster because you do not have to wait for x-ray film development to see if the images need to be re-done.

In addition to being quicker for patients, studies show that digital mammography can find 28-percent more cancers in women under the age of 50 than traditional film mammography. Digital mammography is also particularly effective for women with dense breast tissue.

The digital images are saved and stored on a computer, making year-to-year comparisons easier and more accurate. At South County Hospital, in addition to our board-certified team of radiologists, a computer assisted detection (CAD) system scans the digital image and searches for abnormalities. This advanced technology allows for even greater visualization of microscopic breast tissue.

At South County Hospital, mammograms are performed by highly experienced, specially trained, *Mammography Certified* technicians in the Women's Health Center, a location that is convenient, comfortable, and private.



Digital Mammography Appointment Hours

7:30 a.m. - 4:30 p.m. Mondays, Thursdays and Fridays

7:30 a.m. - 8:00 p.m. Tuesdays and Wednesdays

8:00 a.m. - 12:00 noon Saturdays

Appointments for digital mammography at South County Hospital's Women's Health Center are available six days a week, including some evenings. Call 401 788-1486 for an appointment. Appointments for digital mammography will also be available soon at South County Hospital's new East Greenwich location, opening in November, 2008.

WE VALUE YOUR OPINION

Overall, how would you rate *Your Health Matters* compared to other hospital wellness newsletters you receive?

EXCELLENT VERY GOOD GOOD FAIR POOR

What health topics would you like to read about in future issues?

Yes! Send me my FREE Medical Services & Physician Directory.

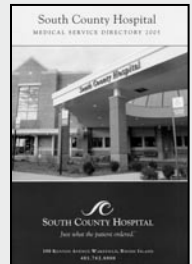
Yes! Add me to your mailing list for health and wellness lectures.

Please print your name and address below:

Name: _____

Address: _____

E-mail: _____



THE CIRCLE OF CARE

The Circle of Care was established to recognize and thank donors who make extra-ordinary outright gifts of \$1,000 and above to the Annual Fund each year. These leadership gifts have demonstrated community-wide support for South County Hospital and have inspired others to consider their own personal level of support. These gifts are vital to maintaining the Hospital's position as a leader in community healthcare.

Giving Levels

1919 SOCIETY

Gifts of \$10,000 and above

CHAIRMAN'S CLUB

Gifts of \$5,000 to \$9,999

TRUSTEES' CLUB

Gifts of \$2,500 to \$4,999

PRESIDENT'S CLUB

Gifts of \$1,000 to \$2,499

WHY GIVE

South County Hospital is a full-service healthcare resource, with a comprehensive range of advanced inpatient and outpatient services, and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Our distinguished medical staff includes more than 230 board-certified or board-eligible physicians covering over 40 specialties. South County Hospital plays a vital role in the community, and in 2007 provided care for:

- 191,200 Outpatient Visits
- 30,750 Emergency Visits
- 408 Births
- 5,738 Hospital Admissions
- 10,000 Flu Vaccinations
- 10,800 Surgical Cases
- 2,000 Orthopedic Procedures
- 3,028 VNS Patients
- 52,654 VNS Home Visits

And *much, much more.*

HOW TO GIVE

To make a gift that will have an immediate impact, send your check, made payable to South County Hospital, to: South County Hospital, Development Office, 100 Kenyon Avenue, Wakefield, RI 02879

Online Giving is a convenient and secure way to make a credit card contribution. Please visit www.schospital.com and click on the DONATE link on the homepage, upper right corner of the screen.

Gifts of Securities or other appreciated assets are welcome. Donating assets such as stock, bonds or mutual funds can provide you with an income-tax deduction based on fair market value of the gift, and eliminate capital gains taxes. For transfer instructions, please contact the Development Office at 401 788-1680 or 401 788-1608.



“Through the years, we’ve seen South County Hospital grow from a small cottage hospital to the state of the art facility that it is now. We are proud to have contributed to that growth and want to encourage others who love South County and South County Hospital to contribute to the future. It is important to continue the high quality of health care provided by the Hospital and its staff.”

Donna Lindemann McBurney &
Alexander A. McBurney, MD



“Nearly every family in our community has some connection to South County Hospital—ours is two-fold in that we’ve been involved in both the giving and receiving of the wonderful care available there. (Sandi is a former Women’s Wing nurse.) We enthusiastically support the efforts of SCH and its dedicated staff in the delivery of compassionate, quality patient care right here in our own backyard.”

Randy & Sandi Gardner

THE GIFT OF A LIFETIME

A Charitable Gift Annuity is a wonderful way to make a meaningful gift to South County Hospital while enjoying income and tax benefits that can also help enhance your future financial well-being. It is a simple agreement between the donor and the Hospital.

Example: Mrs. Jones, 75, owns securities currently valued at \$10,000, which she purchased many years ago for \$2,000. She receives \$200 a year in dividends—a 2% yield. To receive a higher return and help a cause she believes in, Mrs. Jones transferred the appreciated stock to us and established a gift annuity. Based on her age, she receives a charitable deduction of \$4,484 in the year of her gift. She also more than tripled her return from 2 to 6.7 percent. She will receive \$670 every year for the rest of her life.

With a gift annuity, you can stipulate that someone else receives payment along with you, or after your lifetime. And if you wish, gift annuities can be arranged so you may defer receiving payment until later, when you may need the funds more.

If you think a gift annuity might appeal to you, please contact Anne O'Neill, Director of Major Gifts, at 401 788-1608 or aoNeill@schospital.com to receive a personalized confidential gift annuity illustration.

GIFT ANNUITY RATES

<u>Age</u>	<u>Rate</u>	<u>Age</u>	<u>Rate</u>
65	5.7%	80	7.6%
70	6.1%	85	8.9%
75	6.7%	90	10.5%

UPCOMING SPECIAL EVENTS

PLEASE JOIN US FOR THANKSGIVING TUESDAY

South County Hospital's eighth annual "Thanksgiving Tuesday" community service award reception will be held Tuesday, November 25, 2008, at The Towers, on Ocean Road in Narragansett, beginning at 5:00 p.m. South County Hospital will present recognition awards to five special people who have demonstrated outstanding service to a community organization strictly in a volunteer capacity. The public is invited to attend.

To make your reservation, please call Nicole Manfredo at 401 788-1610 or email her at nmanfredo@schospital.com.

NEW SOUTH COUNTY OB-GYN DOC IS PASSIONATE ABOUT WOMEN'S HEALTH

Mary Christina Simpson, M.D., is the newest member of the team at South County OB-GYN. "I am from Rhode Island and am excited to return to a warm community setting to practice. Women's health has always been extremely important to me and I am very pleased to be able to give care to the women where I was raised."

After high school graduation, Dr. Simpson attended Bowdoin College in Brunswick, Maine, where she earned her undergraduate degree in Biochemistry and Psychology. After college, Dr. Simpson was involved in research investigating Multiple Sclerosis at the National Institutes of Health in Bethesda, Maryland, and the University of California, San Francisco.

An avid runner, she has participated in several marathons. Dr Simpson's other passion is traveling and she has traveled extensively in Latin America, the South Pacific, Europe, Africa and Australia. During her travels she saw many women and children who lacked prenatal and well-women care. The experience gave her an understanding of how greatly specialists were needed who truly respected and had the desire to help women.

Affirming her commitment to the field of women's medicine, Dr. Simpson continued her training at Boston University receiving a Master's degree focusing on women's health/anatomy in 2000. In 2004, she graduated from Temple Medical School in Philadelphia, PA.

Leaving the inner-city of Philadelphia, Dr. Simpson and her husband moved back to Rhode Island to be closer to their families. They live in East Greenwich with their three young children and their dog, a Rhodesian Ridgeback named Moose. Recently, Dr. Simpson completed her Obstetrics and



Mary Christina Simpson, M.D. joins the team at South County OB-GYN.

“ Women’s health has always been extremely important to me and I am very pleased to be able to give care to the women where I was raised.”

Gynecology residency at Women & Infants Hospital in Providence, where she received specialized training in obstetrics, the latest laparoscopic and minimally invasive gynecologic surgeries, as well as urodynamic testing and incontinence procedures.

Dr. Simpson is board eligible for the American Board of Obstetrics and Gynecology. She will be dividing her time between the *South County OB-GYN* office in Wakefield, and South County Hospital's new East Greenwich location opening in November 2008. She is accepting new patients. For an appointment, call 401 789-0661.

your Health Matters

Your Health Matters is a free quarterly publication produced as a community service of South County Hospital Healthcare System. To be added to our mailing list, please call us at 401 788-1492.

This publication is for general information only and is not intended to replace the advice of your doctor or other healthcare provider. Articles published in *Your Health Matters* reflect the views of those quoted and do not necessarily represent the opinions of all healthcare providers associated with South County Hospital Healthcare System.

© 2008 South County Hospital Healthcare System
Martha W. Murphy, Editor-in-Chief,
editor@schospital.com

South County Hospital Healthcare System
100 Kenyon Avenue
Wakefield, RI 02879